

# REAL MICROBIOME SALIVA DNA KIT

## Ref. RBMEGS19 50 Preps

#### 1. INTRODUCTION

The **oral microbiome** is one of the most diverse of any human-associated microbial community . The oral microbiome is a causative factor in conditions such as dental caries , periodontal disease , and halitosis , and has also been implicated as a reservoir for infection at other body sites and in the pathogenesis of non-oral diseases, such as inflammatory bowel disease .

REAL MICROBIOME Saliva DNA kit has been designed for a fast and efficient purification of **microbial DNA** for microbiome analysis using:

- a) up to 600-800  $\mu$ l of fresh saliva samples.
- b) Preserved saliva samples with our REAL Sample Collection MICROBIOME Kit.

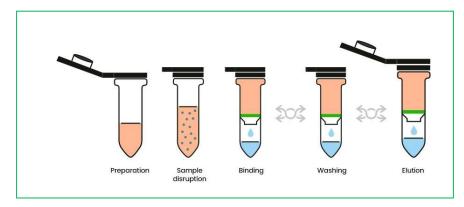


#### **Features:**

- Designed for rapid purification of highly pure microbial DNA for microbiome analysis.
- Silica-membrane technology with MiniSpin columns.
- Bead Microtubes for efficient lysis included in combination liquid Proteinase K.
- Sample material: saliva / preserved saliva samples.
- Typical yield: Approx. 2-20 µg depends on patient.
- Preparation Time: 35 min.
- Elution volume: 100 μl.







Beginning with a bead-beating protocol, cells are lysed through a combination of mechanical force, heat and detergent, vortexed using horizontal adapter for the Vortex Genie 2 Vortex or using others common disruption devices.

Appropriate DNA binding conditions to the Microbial DNA Columns are achieved by addition of large amounts of chaotropic salts (Binding Buffer) to the lysate. Contaminants are removed by two efficient washing steps. Afterwards, The resulting DNA is recovered in a DNA-free Tris buffer to use for subsequent reactions.

Microbial composition of saliva sample preserved at room temperature is unchanged after two months with REAL SALIVA Sample Collection MICROBIOME Kit . Saliva samples were taken using our system and stored at room temperature. They were sampled at the indicated time points and processed with the REAL MICROBIOME SALIVA DNA Kit. The extrated DNA was the subjected to microbial composition profiling via 16S rRNA gene targeted sequencing. Samples had a constant microbial composition.Fig.1

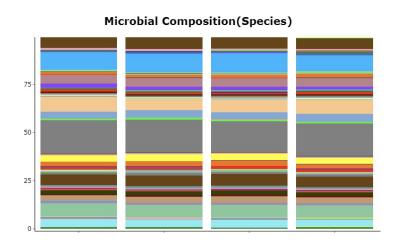


Fig.1 Saliva Samples with REAL SALIVA Sample Collection MICROBIOME Kit -Species



#### 2. KIT COMPONENTS

	50 Preps	Storage
CTAB Extraction Buffer	45 ml	Room Temperature
Binding Buffer	15 ml	Room Temperature
Desinhibition Buffer*	18 ml	Room Temperature
Wash Buffer *	10 ml	Temperatura ambiente
Elution Buffer	10 ml	Temperatura ambiente
Bead Microtubes	50 units	Temperatura ambiente
Proteinase K*	30 mg	-20°C
Microbial DNA Columns	50 units	Temperatura ambiente
Collection Tubes	100 units	Temperatura ambiente

<sup>(\*)</sup> These solutions must be prepared as indicated in the Preliminary Preparations section of the protocol.

## **Equipment and additional reagents required**

- Microcentrifuge.
- Microcentrifuge tubes, DNase-free, 1.5 mL and 2.0 ml
- Ethanol 100%.
- Heat block, dry bath, or water bath (70°C).
- For vortex bead homogenization: hands-free adapter for vortex mixer, with horizontal tube orientation, we recommend the Vortex Genie 2.
- (Optional) alternative to vortex bead homogenization: Bead mill homogenizer.

#### 3. PROTOCOL

### 3.1 Preliminary Preparations

- Dissolve the proteinase K in **1.3 ml of nuclease-free water** and store at -20°C. It is recommended to do several aliquots to avoid many thaw/freeze cycles. At this temperature it is stable for 1 year.
- Add 10 ml of Ethanol 100 % to the Desinhibition Buffer. Keep the container closed to avoid the ethanol evaporation.
- Add 40 ml of Ethanol 100 % to the Wash Buffer. Keep the container closed to avoid the ethanol evaporation.
- Pre-heat the Elution Buffer at 70°C.



## 3.2 General Remarks

- Saliva samples must be fresh or preserved saliva samples with our REAL Sample Collection MICROBIOME Kit.
- The procedure is optimized by using "beads" in a vortex with horizontal agitation (Vortex Genie 2 or similar). Make sure that the vortex adapter allows horizontal agitation;
- Adapters with a vertical tube orientation my not agitate properly.
- You can use "Bead mil" homogenizers such as FastPrep, Precellys and others but following the manufacturer's instructions to optimize the lysis of the sample. IMPORTANT: Many modern disruption devices can cause very high energy input in bead tubes. Depending on bead tube type and content (beads, liquid volume, sample type), especially high frequency of shaking and / or long shaking duration can cause breaking up of the bead tubes! It is the responsibility of the user to perform initial stability test for the used bead tubes under the conditions used! Perform initial test with water instead of lysis buffer and moderate machine setting (low frequency, short time) in order to avoid spillage of chaotropic lysis buffer in case of tube breakage.
- In addition to the standard method, several modifications are possible to increase yield, concentration, and convenience.
   Convenient elution (standard elution): For convenience, elution can be performed by one time addition of 100 μL elution buffer onto the column.
   High yield: Two serial elutions of 100 μL each for total elution volume of 200 μL.
   High concentration: Use initial 100 μL eluate for second elution 100 μL total elution volume, 2 elutions.

#### 3.3 Protocol for microbial DNA isolation from saliva samples

a) Saliva samples\*: Centrifuge 600-800  $\mu$ l saliva sample for 90 seconds. Remove the supernatant using a pipette and avoiding damaging the cell visible white pellet.

#### b) Preserved saliva samples in REAL SALIVA Sample Collection Kit\*:

1b. In the REALSALIVA Sample Collection MICROBIOME Kit it will be appreciated a white pellet containing the buccal cells .Shake the tube containing 1 ml of the collected saliva. It is important to observe a homogeneous solution before to take 1.2 ml of sample.

2b. Centrifuge **1.2 ml** (saliva + saliva preservation solution) for 90 seconds at  $13.000-16.000 \times g$ . Remove the supernatant using a pipette and avoiding damaging the cell visible white pellet. Re-centrifuge (spin pulse) and eliminate the total liquid.

- \* If the cell pellet is very small you can add another saliva sample to obtain a pellet more big in order to obtain more DNA yield and repeat the centrifugation step.
  - 1. Add **800**  $\mu$ l of CTAB Extraction Buffer to the cell visible white pellet. Resuspend the pellet using a micropipette. No vortex.



- 2. Add 25  $\mu$ l of Proteinase K. Incubate at 70°C for 10 minutes.
- **3. Homogenize** by bead beating for 10 minutes at maximum speed on the Vortex Genie 2 or similar using a **horizontal adapter.**
- 4. Centrifuge at 14.000 rpm for 5 minutes.
- 5. Transfer up to 500  $\mu$ L of the supernatant to a clean microcentrifuge tube. **IMPORTANT:** A layer of debris may be present on top of the bead pellet. Avoid transfer of this debris with the supernatant.
- 6. Add **250**  $\mu$ **I of Binding Buffer** and vortex briefly.
- 7. Load the sample mixture onto a **Microbial DNA columns-tube assembly**, and Discard the flow-through.

  Ensure that the entire sample mixture has passed into the collection tube by inspecting the column. If sample remains in the column, centrifuge again at 14.000 rpm for 1 minute.
- 8. Place the Microbial DNA column in a clean collection tube, add **500**  $\mu$ l of **Desinhibition Buffer.Centrifuge at 14.000 rpm for 1 minute.** Discard the flow-through.
- 9. Add 700  $\mu$ l of Wash Buffer. Centrifuge at 14.000 rpm for 1 minute. Discard the flow-through.
- 10. **Dry silica membrane.** Centrifuge at 14.000 rpm for 3 minutes.
- 11. Place the Microbial DNA Column into a 1.5 mL nuclease-free tube (not provided) and add 100  $\mu$ L Pre-heat the Elution Buffer at 70°C. Incubate at room temperature for 2 minutes.
- 12. **Centrifuge** the spin column-tube assembly **at 14.000 rpm for 1 minute**, then discard the column. The purified DNA is in the tube.

## 4. PROBLEM GUIDE AND POSSIBLE ANSWER

For any doubts or additional questions about the protocol, please contact the technical Service: durviz@durviz.com